ARK-LA- TEX CHILDREN'S CLINIC

Z. GALEN SANDERS, M.D., F.A.A.P. SHALINEE M. SINGH, M.D., F.A.A.P.

FRANK B. HUGHES, M.D., F.A.A.P. LAUREN D. MILNER, M.D.

MEGAN E. GARDNER, M.D., F.A.A.P.

ANNOUNCEMENT

After being a Pediatrician for 50 years, I will be retiring at the end of December to enjoy quality time with my family and pursue other interests. Mary Sorrows, my sweet heart at Centenary College for 4 years and wife of 57 years, has encouraged and supported me every step of the way through Medical School at LSU School of Medicine in New Orleans, Residency at U.T.M.B. in Galveston, Texas, Service time in Norfolk, VA, and many long days and nights over the past 50 years. I am so very grateful to and thankful for Mary. I could not have done this for 50 years without her at my side.

Two years active duty as a Lt. Commander and Chief of Pediatrics at the U.S.P.H.S. Hospital in Norfolk, Virginia providing medical care for children of Navy families, was followed by 48 years of private Pediatric practice. It has been a great honor and privilege to earn the trust of so many wonderful families as the Pediatrician for the most important people in the world, their children. It is rewarding to share in the lives of so many children as they go from baby, to teen to adults. Helping sick children get well and keeping all of our children healthy is satisfying. Many come back to us with their children, another special honor. I don't know any other profession that is so fulfilling. I love what I do.

Jennifer Patton joined my Practice 26 years ago when I needed help due to a very busy practice and near burn out as the first Pediatric Nurse Practitioner in Bossier. Her exceptional work ethic, caring dedication, and teamwork allowed the practice to grow and prosper. She paved the way for Nurse Practitioner Kenda Brotherton who joined the practice 16 years ago continuing the excellence. They are both Certified CPNP's. Eleven years ago Dr. Lauren Milner joined us adding an outstanding Board Certified Pediatrician to this amazing group of professionals. She was a patient, student employe, and will be the Pediatrician in charge of this Practice in January. Keri Hughes joined my practice 21 years ago to become my senior Office Nurse coordinating our daily practice and managing our lab. Mary Rose Watson is our awesome office manager who keeps everything together.

This outstanding group of dedicated Professionals have 74 years of combined experience. No other practice can say that. They all love our patients, they are well trained and they are excellent in every way. They will continue to provide quality care for all of our patients for many years to come.

Thank you all for allowing me to be involved in the medical care of your Children and to become a part of your family. By doing so, you have become a part of mine.

Gratefully,

Frank Broox Hughes, M.D. July 2024

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As many of you have already and will continue to do, I would like to congratulate Dr. Frank Hughes on his well-deserved retirement from the practice of pediatrics. In 1982, Dr. Hughes and I combined practices to become the first and only full-time pediatricians in Bossier City. For 42 years he has been my loyal partner, mentor, and friend. We have seen physicians and staff come and go, but our partnership has endured good times and bad times and sickness and health. He has been my moral and ethical role model and supporter in times of need. We have been blessed to share a loyal and dependable group of patients over the years, many of which have become part of our "pediatric family." I wish Dr. Hughes a happy, well, prosperous, and long retirement.

Finally, regarding the question that I am asked almost daily, I do NOT have any plans of retirement for myself any time in the near future. I have an excellent and energetic nurse practitioner, Megan Rainwater Scott, and a vibrant staff (Brittney, Mary Katherine, Rebecca, and Amber) who have vowed to keep me young at heart and "in tune" with our next generation of patients. I enjoy serving our patients and look forward to seeing my second and third generation of patients for many more years.

Galen Sanders, M.D.